



SMALL GROUP GUIDE

THE STUFF OF LIFE

Over the next 5 weeks, this mini-series looks at three extraordinary expressions of everyday life – work, rest, and play – recapturing their deep value and significance in God's design for us and the world around us.



WHEN YOU MEET:

Fortnight starting Sunday 26 November

TESTIMONY TIME: Have one person in the group share what they've been learning about Jesus.

PRAY: Share praise points and pain points, and think about who else around us might need prayer (e.g. Israel and Palestine, Russia and Ukraine, Afghanistan)

READ: See question 5 over the page for a list of suggested passages

DISCUSS: *NOTE: the sermon-specific questions are on the next page...*

1. What especially challenges or inspires you in this passage and why?
2. What does this passage reveal about being God's people in Australia today?
3. What does this passage say about finding and sustaining unity as God's people?
4. What does this passage reveal about identity or purpose as God's people?
5. How does this passage lead you to a greater reliance on the Holy Spirit?

PRAY: Take 10 minutes to work through Examen together. You may want to allow a few moments, afterwards, for people to share what happened. Find more information and audio files on the website:

<https://grlc.org.au/2020/10/08/daily-examen/>

MORE RESOURCES:

- Discipleship Resources Hub: grlc.org.au/discipleship-resources/
- Latest sermon: <https://grlc.org.au/grlc-hub/>



SERMON SPECIFIC QUESTIONS:

1. What are some Scriptures that are evidence of the playfulness of God and Jesus? (e.g. Psalm 104:25-26, Proverbs 8:29-31, Zephaniah 3:17; John 2:1-12, Matthew 7:1-5, Mark 10:24-25)
2. Is some play a waste of time? If yes, give some examples.
3. Does play have to be useful? Why or why not?
4. Can play be sacred? Why or why not?
5. How can you explain the relationship between work, rest and play? Here are some scriptures to consider:
 - Genesis 2:9
 - Job 8:21
 - Psalm 65:12-13
 - Proverbs 31:24
 - Ecclesiastes 3:4
 - Isaiah 55:12
 - Jeremiah 31:13
 - John 10:10
 - 1 Peter 1:8
 - Revelation 21:4

We've now looked at work, rest and play...

- Which do you find hardest and why?
- How might you take some small steps to give more margin for rest and play in your life?
- As a group, how can you help each other here?

