

Prayer Advent Resource

FOR INDIVIDUALS AND HOUSEHOLDS
TO HELP YOU **BE WITH JESUS** THIS CHRISTMAS

Two main ways to use:

1. Print it off (double sided would be good) and put on your fridge and do the prompt each day

2. Print it off and cut out each square and place in a DIY advent calendar for each day! Add a treat for extra joy.

Check out this examples which you can get fairly cheaply from Kmart, Big W, Amazon etc if you haven't got one yet.



Amazon, \$21



Kmart, \$16



Kmart, \$25



Big W, \$40



1

Pray:

"Come Holy Spirit come.
Open my heart to your love.
Amen."



2

Pick a Christmas word
(gifts, joy, peace) – and
thank Jesus for something
you are grateful for that
starts with each letter in
the word.

3



How do you feel today? Use 5
different words to describe
that and tell Jesus that is how
you feel. Sit quietly paying
attention to Jesus is with you
in those feelings



4

Ask Jesus to help you
with something today.
You might want to
picture Jesus giving you
that as a gift.



5

**Do this breath prayer
three times:**

Inhale – King Jesus
Exhale – Thanks you are
always with me

6



Find something in your
home that represents
Jesus' love.
Use that to thank Jesus
for his love for us today.



7

Read Isaiah 9:6.

Which of Jesus'
titles stands out to
you. Ask Jesus to be
that for you today.



8

Pray:

'You are always with me
Jesus, and that makes me
feel....



9

Pray:

'As we prepare our hearts for
Christmas, bring us closer to
each other and to your son.
Help us to always trust in you.
Come, Lord Jesus, lead all
people closer to you.



10

Can you think of someone
who might be lonely this
Christmas? Pray for them or
consider if there is anything
God is asking you to do?

11



Take three deep breaths and
picture Jesus with you today
(or tomorrow) going about
the things you have planned.
What do you notice he does?



12

Wise men saw a star that
point them to Jesus. What
is something in your life
that points you to Jesus.
Thank God for that.



Look at your palms and count the lines you see. Tell Jesus that numbers of things you are thankful for this Christmas!



Read Psalm 18:1-3
What word for God stands out to you. Thank Him for his presence and ask Him to be that for you today.

15



He is a good Dad who gives good gifts.

What is on your heart to ask Jesus for today?



Pray:
Dear Jesus,
Help me to hear your voice.
Give me courage to choose joy.
I need you now this Christmas.
Be born in me again. Today.
In Jesus' name, Amen.



Imagine yourself with Jesus, doing your favourite Christmas activity. Just enjoy being with him. What do you notice he does?



Advent celebrates how Jesus is our hope, joy, peace and love. Which ones stand out to you? Ask Jesus to be that for you and others this Christmas..



Ask Jesus to give you three groups of people to pray for today. For eg, teachers, leaders, homeless, family etc



Read Luke 2:14
This is how the angels prayed at Jesus birth. What words would you use to proclaim His birth?



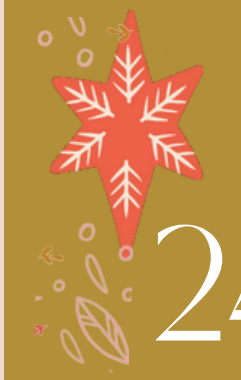
Pray: Dear Jesus,
This is my prayer: PEACE.
I can't see ahead.
I don't know what to do.
Here are all my fears and my questions... [share yours]
I want to experience your peace.
Just as you say we can. Amen



What are 5 things you can hear with your physical ears. Now what is something you can hear with your spiritual ears?



Pick 5 people in your life to thank Jesus for.
Pick one to send a message of encouragement.



Pray:
You are more amazing than we could ever imagine. Thankyou for sending Jesus to show us what you are like. Thank you for giving us your light, help us shine brightly for you.