



GEORGES RIVER
LIFE CARE



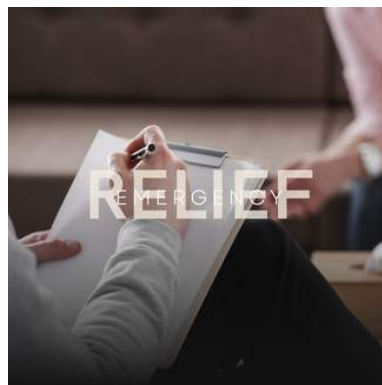
ORGANISATION FUNDING PROPOSAL -PEAKHURST

JANUARY 2023



Overview

Georges River Life Care (GRLC) is a local community Not For Profit that has been in operation in Peakhurst since 2007. Governed by a highly professional, skills-based board, Life care specialises in three main areas:



- Family Violence Support-includes our free legal support clinic and case management to assist families experiencing, or at risk of domestic violence and providing pathways to personal safety and financial security.
- Emergency Relief- case management that provides assessment, planning and implementation of processes towards families and individuals meeting basic needs and independence including food aid as well as financial assistance and guidance for household bills and money matters.
- ArtsLife-a creative arts program aimed at improving self esteem and enjoyment in Children and Disabled adults in our local community that are vulnerable/disadvantaged due to the family's circumstances. They may be experiencing physical, social or economic disadvantage.

All of the services Life Care provides have a unique connection. Life Care has carefully and considerably structured an organisation that goes beyond service provision to meet the broader needs of the vulnerable people in the local community. Over the years we have been able to assist individuals and families experiencing a vast range of circumstances. Some families and individuals we have helped:

- have been impacted by or are currently experiencing domestic violence
- new to Australia / have refugee status
- have a child/family member with a disability
- single parent families



Why Life Care?

Georges River Life Care aims to transform the local community by offering practical support that will lead to long term positive outcomes.

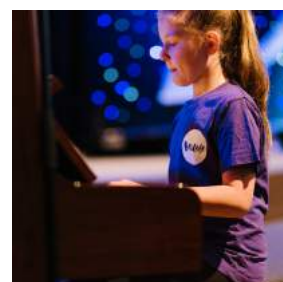
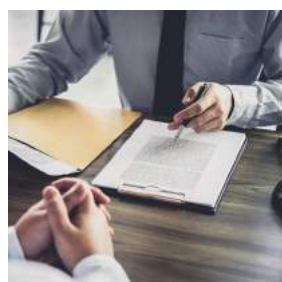
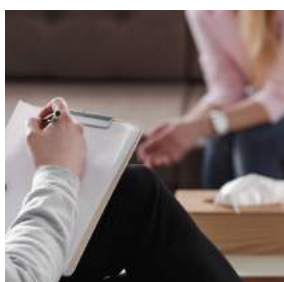
Since 2007 Life Care has partnered with local organisations, Local, State and Federal Governments to collectively work towards common goals within the communities we operate. We believe we are better together; that we can achieve more and make a greater impact when we work with organisations with common values and vision.

We value our local community as much as you do. The benefits of our partnership will flow back to the community in which we operate, and where our supporters, volunteers and staff work and live. Our collective missions align to support the most disadvantaged in our local community, leading to greater awareness, greater support and a better community.

Partnering with Georges River Life Care, your organisation can make a positive social impact and deepen our engagement with the community, employees and stakeholders.

Objectives

1. Enrich the lives of our local community through caring and compassionate services
2. Engage long term, committed partnerships through relationship
3. Increase corporate community awareness of Life Care
4. Build a volunteer culture
5. Establish funding goals to prioritise specific focus areas





Life Care services in Peakhurst

1. Community Relief
2. Case Management
3. ArtsLife
4. Legal Support
5. Student Welfare
6. Seasonal initiatives

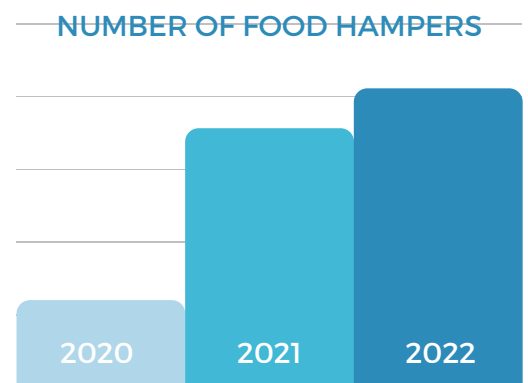
Community Connect

Life Care provides two fortnightly services (Wednesdays and Sundays) to individuals and families that identify as vulnerable or disadvantaged due to their circumstances, to receive assistance via the provision of food hampers, both fresh food and pantry hampers.

Community Connect is more than a food hamper service. We host a safe space for families and individuals to come for social connection, particularly those that are isolated and lonely. During our community connect times we offer great coffee and treats and on occasion we provide lunch. For those families that come along Sundays, we provide a kids program to engage children in various fun activities and crafts.

Life Care is currently providing 120+ pantry hampers per fortnight and in addition to this we provide 50 fresh food hampers per fortnight.

Community Connect is an opportunity for volunteers to build connection with people in the community, identifying possible pathways to case management and other services being provided by Life Care.



Item	Cost
Staffing	\$45,000
Food Supply	\$48,000
Fittings	\$10,000
IT/POS	\$2,500

Total Funding Required: \$105,000 1st year, \$75,000 2nd year



Case Management

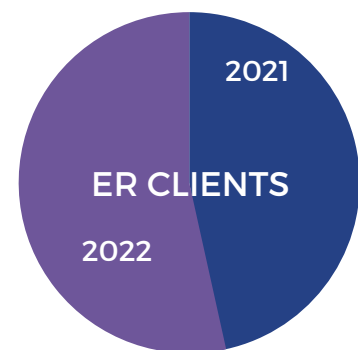
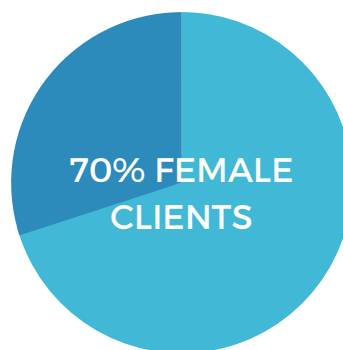
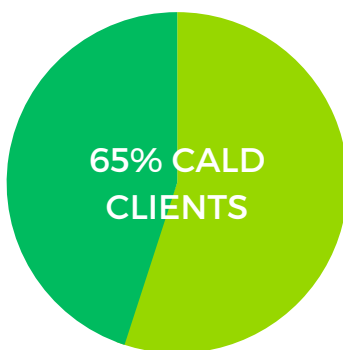
Case Management is a service that aims to help the most vulnerable individuals & their families in our local community achieve wellness through advocacy, assessment, planning, communication & engagement. At Life Care, our approach is to come along side the most disadvantaged & journey with them towards reaching their full potential; to maximize their personal development by working with & enabling people to achieve the best possible levels of personal & social well-being

Our Case Management Service operates from the Life Centre in Peakhurst. We currently have 3 Case Managers on our team. In 2022 our team provided 367 consultations to 220 clients, supporting them with;

- Problem solving
- Housing/Centrelink issues
- Advocacy for various agencies
- Child Protection issues
- Referral service to agencies such as money care, local DV agencies
- Pathways to other Life Care services provided locally
- Emergency Relief financial assistance (food vouchers and bills)

In addition to this, we have a case manager working at GRC Peakhurst High School, operating as a Student Wellbeing Support Officer that provides support to students and extending pathways for families to access Life Care services.

Our goal is to provide a holistic approach to helping families by creating pathways, building a trusting relationship and establishing long term solutions.



Funding Required: \$150,000 per annum (2 x FTE Case Manager positions)



ArtsLife

ArtsLife is a unique and exciting, subsidised creative arts program aimed at the most vulnerable and disadvantaged people in our community.

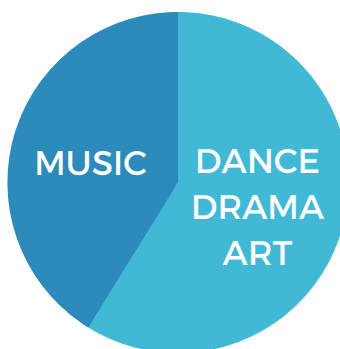
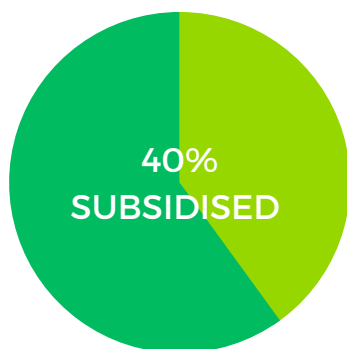
We believe that the arts should be for everyone. It brings communities together, gives a sense of belonging, reduces isolation, and gives life to stories beyond our own experiences.

ArtsLife aims to give families and individuals in our community access to affordable, high quality arts experiences via a subsidised program for families experiencing physical, social or economic disadvantage. Children are given the opportunity to participate in a range of weekly workshops including dance, drama, music and art.

Our curriculum in Peakhurst currently offers group workshops in dance/drama/hip-hop/visual-art as well as private music lessons including guitar/piano/drums/brass/woodwind. The various workshops programs run over three days; Monday/Tuesday/Wednesday after school, either fully or partially subsidised to disadvantaged families facing financial hardship. Some of the families we help;

- have a history of/currently experiencing domestic violence
- are new to Australia
- have a child with a disability
- are single parent families
- low income families

ArtsLife has been able to operate since 2014 with a model that includes a proportion of fee paying families and subsidised families. This strategy allows us the opportunity to integrate local children from different social backgrounds and provide a safe space for parents and carers to socially connect in a relaxed and warm environment.



Funding Required: \$15,000 per annum



Legal Support Clinic

Georges River Life Care has arranged for Horizons Family Law Centre (Horizons FLC) to run a fortnightly legal advice clinic from our premises. Horizons FLC is a non-profit legal service that has been operating in Sydney since 2005.

The advice clinic provides free consultations to help identify whether you have a legal problem and, if so, how you can solve it. The clinic's aim is to provide advice for clients that helps to provide safety and good outcomes for families. Consultations are available by appointment.

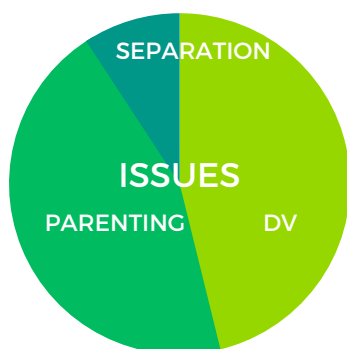
If ongoing help is needed GRLC and Horizons FLC will work to connect you with another lawyer or organisation who can assist.

Who is the legal advice clinic for? People who..

- Do not qualify for Legal Aid & cannot afford to pay a private lawyer.
- Are disadvantaged in some way.
- Have a special need because of the type of legal problem they are facing.
- The clinic is targeted to help with parenting disputes, domestic violence & AVOs, criminal and traffic offences, and debt problems.

What does it cost?

- There is no cost for any initial advice provided.
- If you request further help from Horizons FLC, some non-profit charges may apply.



Funding Required: \$20,000 per annum



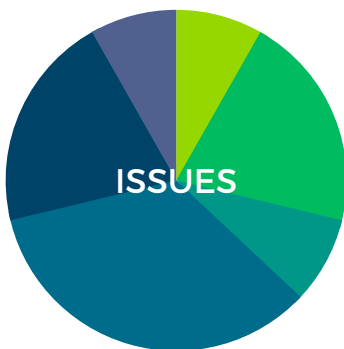
Student Welfare Program

The student welfare program is an initiative that equips high school age students and provides 'hands-on' assistance to overcome low self esteem, build resilience and build confidence in our local teenagers. These problems often manifest themselves in risk taking behaviour and poor decision making, including bullying, drugs and alcohol abuse, depression, violence and age-inappropriate sexual experiences.

This program promotes positive self image and strength in decision making, whilst offering support and encouragement during times of significant strain and pressure, with the issues that teenagers are experiencing.

The Peakhurst area has a significant proportion of housing commission with associates representation of lower socio economic and disadvantaged communities. Through our contact with local schools and community organisations working with vulnerable families, we have identified a particular need amongst teenagers in the area as summarised above.

Our welfare officer works at Georges River Campus (Peakhurst High School) and regularly encounters teenagers with anxiety, depression, stress, behavioural issues, suspensions, family conflict, trauma, grief and loss and other severe mental illness.



- Anxiety / depression 41%
- Relationship issues 15%
- Behaviour Issues 6%
- Bullying 10%
- Learning Difficulties 10%
- Issues at home/parents 18%

Funding Required: \$7,000 per annum



Seasonal initiatives

Life Care offers various seasonal opportunities to help the vulnerable in our local community. Additionally these initiatives provide the platform to mobilise the community to get involved in positive projects and make a contribution to the community. In 2023 we are working towards the following initiatives;

School Backpacks

Purpose: to mobilise the community and a sense of giving at Christmas. The community is invited to purchase contents to make up a school ready backpacks for kids/teens going into school year and ease the burden of families after Christmas.

We would provide a drop off point and the whole family could get involved, providing kids with valuable experiences. Life Care aims to partner with local schools who will identify families in need. Life Care would provide the backpacks.

120 high school backpacks
300 primary school backpacks

Funding Required: \$7000

Christmas Hampers

150 Christmas Hampers filled with Christmas goodies delivered to our most vulnerable families in the local community.

Funding Required: \$3000

Christmas Morning Tea and Gifts

Each Christmas Life Care hosts a Christmas morning tea where our client base are invited to come along for a great morning, volunteers serve barista made coffee and Christmas treats and clients can receive their Christmas hamper and take home small gifts for their children and grandchildren. Clients are empowered to choose their gifts from a wide variety of options.

Funding Required: \$3000