

# SMALL GROUP GUIDE

## THE STUFF OF LIFE

Over the next 5 weeks, this mini-series looks at three extraordinary expressions of everyday life – work, rest, and play – recapturing their deep value and significance in God’s design for us and the world around us.



## WHEN YOU MEET:

Fortnight starting Sunday 29 October



**TESTIMONY TIME:** Have one person in the group share what they've been learning about Jesus.

**PRAY:** Share praise points and pain points, and think about who else around us might need prayer (e.g. our Mission Partners and those they are reaching)

**READ:** Luke 10:38-42, Philippians 4:8-9

**DISCUSS:** *The general questions are on the next page...*

1. What are the most mundane, “every day” and “ordinary” parts of life?
2. Re-read Luke 10:38-42. How have you pictured Martha in this scene? What is Jesus specifically correcting in his response to Martha? (hint: He is not correcting the fact she was working)
3. Scott said we might often think, “Sunday is a time and place where we come to meet with God and experience his presence and power.” What is the positive in this statement, and what is the problem with it?
4. Re-read Philippians 4:8-9. What does Paul teach about the mindset to put into practice? (hint: Paul here is talking about cultivating an appreciation of life... and an appreciation comes from awareness, and awareness comes from a mindset of being present to God in the moment).
5. Getting practical, what is one thing you could do to enable you to become more present to God in the ordinary of your life?

**PRAY:** Take 10 minutes to work through Examen together. You may want to allow a few moments, afterwards, for people to share what happened. Find more information and audio files on the website:

<https://grlc.org.au/2020/10/08/daily-examen/>

## MORE RESOURCES:

- Discipleship Resources Hub: [grlc.org.au/discipleship-resources/](https://grlc.org.au/discipleship-resources/)
- Latest sermon: <https://grlc.org.au/grlc-hub/>





## **GENERAL QUESTIONS:**

1. What especially challenges or inspires you in this passage and why?
2. What does this passage reveal about being God's people in Australia today?
3. What does this passage say about finding and sustaining unity as God's people?
4. What does this passage reveal about identity or purpose as God's people?
5. How does this passage lead you to a greater reliance on the Holy Spirit?

