



GEORGES RIVER
LIFE CARE

ANNUAL REPORT 2016

OUR MISSION

To improve individual's and families' experience of life through caring and compassionate services.





- 2 MANAGERS REPORT
- 3 TREASURERS REPORT
- 4 COUNSELLING
- 5 LEGAL ADVICE CLINIC
- 6 CARERS TEAM
- 7 LIFE CARE WOMEN
- 8 NEIGHBOURHOOD TEAMS
- 9 ARTSLIFE
- 10 FUNDRAISING
- 11 A COMMUNITY CHRISTMAS
- 12 SHINE
- 13 THE BOYS PROGRAM
- 14 AUTISM
- 15 PLAYGROUP
- 16 PARENT EDUCATION
- 17 GRANDPARENTS / NILS & EMERGENCY RELIEF
- 18 COMMITTEE 2015
- 19 FINANCIALS

MANAGERS REPORT



Working in community we are surrounded by inspiring people. We have wonderful leaders with tremendous vision and energy that see new ideas, new ways of doing things and set about putting them in place. We are frequently inspired by our partners who do such an amazing job in caring for individuals and are selfless in their engagement with other organisations in their pursuit of what is best for their clients. We are inspired by our growing group of volunteers who keep turning up week after week to serve the needy.

Perhaps the most inspiring people we get to connect with are the people we serve. Many of them are doing life in very difficult circumstances. Many have every reason to give up. Week after week we witness courage at its best as people choose to seek the best for themselves and their families. Whether it be setting up home again after escaping domestic violence or pursuing health in the midst of anxiety or depression or making sacrifices for the benefit of the children and grandchildren, we get to see life at its most difficult, but also at its best.

It's our great privilege to provide services each year that help people in our community who are struggling in difficult circumstances to pursue a better life for themselves and for their families. An email we received last year from a client reads:

'Just want to thank you so much for your generosity and for continually bringing ease to our lives and the many other people you touch. You just made my weeks so much different and I feel a lot of relief. I am truly grateful and feel so blessed because of God's works through you and you inspire me.'

Next year marks our tenth year as a service. We are planning a number of events to celebrate our achievements and to promote our ongoing work within in the great community.

Glenn Power



- To identify unmet needs in the community
- To provide services that meet those needs
- To develop partnerships that build capacity to meet local needs
- To build connectedness in the community and reduce isolation
- To provide information and advice that empowers individuals and families

OBJECTIVES

TREASURERS REPORT

This year has been another strong financial year for Georges River Life Care. The total income was \$151,000, which is 13% higher than last year. Local fundraising has continued to be a strong income stream this year providing almost 20% of our income. We have again received substantial grants from government and community organisations which have contributed to 25% of total income. The remaining income is made up from course donations and fees, and sponsorship or general donations from generous members of our community.

We held two main fundraising events this year. The first being the "Sleeping Rough" event. This fundraiser was a huge success raising nearly \$14,000 for our services that provide support for victims of domestic violence. The funds were raised from a combination of the dinner held at Helen's at Club Rivers and also the sponsorship of our supporters who 'slept rough' in the car park of Club Rivers.

After many successful years of running our annual Christmas in July event, it was decided to try something different and run a trivia night. This event was successful on all fronts and raised over \$12,000.

Our Life Care Christmas Appeal was again another popular fundraiser, raising over \$3,000 to provide food hampers, movie and pamper packs to families struggling to afford these special treats at Christmas as well as our second Annual Christmas Day lunch for people who would otherwise be alone on Christmas Day.

Overall, it was another fruitful year financially. We have been very blessed to continue to receive the finances required to support the ever-increasing number of families we connect with through our programs and services.



Phillip Moore



VALUES

- Community – The expression of relationship in the midst of diversity
- Integrity – We do what we say and honour our commitments
- Respect – Relationships are based on mutual respect and trust
- Innovation – Encouraging creativity in our attempt to meet needs
- Excellence – Aiming to achieve the highest standards in all we do
- Justice – We seek a society where the disadvantaged and marginalised are empowered
- Mercy – All individuals are deserving of compassion

COUNSELLING



Our Counselling Service offers a broad range of support and therapy to community contacts, low income earners and Life Care contacts.

In 2016 over 100 counselling sessions were provided. The number of subsidized clients receiving counselling also grew throughout the year with over 90% of sessions discounted for individuals in need. Our service at present is primarily catering for individuals who are on pensions and low income earners. We are able to provide support to people who are in significant financial distress. These individuals can have complex needs which impact negatively on their health, relationships, ability to work and to function well in the community. Our service is meeting a need in the community which is providing a counselling service for people who otherwise would not be able to afford or access the professional help as it would be too expensive.

Referrals came from Beyond Blue, St George Community Housing, Local General Practitioners and local community services.

This service continues to reach people who are suffering from anxiety, depression, low self-esteem, relationship issues and Domestic Violence. People with anxiety and depression have benefited from a range of therapy approaches including CBT, mindfulness and breathing techniques. Clients have found it helpful to recognize and alter negative thinking and behaviour patterns. Mindfulness has helped clients stay in the present and breathing techniques have reduced anxiety.

We received a grant of \$5,000 through CDSE to help fund this great service.

Christine Shannon

'My counsellor provided perfect balance of therapy and caring'

'friendly, welcoming and a wonderful caring atmosphere'

'counselling helped immensely just to chat and get stuff off my chest and have a goal each week to aim for'

'My counsellor helped deal with issues of anxiety, depression and loneliness. – Very helpful advice'

Felt relaxed and at ease after each counselling Session



LIFE CARE

LEGAL ADVICE CLINIC

Each Year Georges River Life Care partners with Horizons Family Law Centre to provide expert legal advice to clients in need in our local community. During 2016, the legal advice provided over 80 consultations to people in need. 95% of participants were women, the highest proportion since the clinic began.

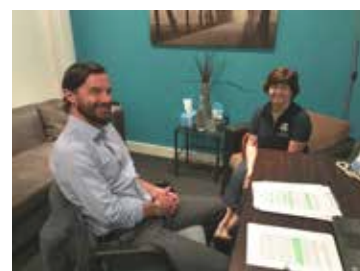
Over 50% of attendees are women who are experiencing domestic violence. The remaining attendees are women seeking advice regarding parenting arrangements, separation, AVOs and criminal matters. Over a third of referrals are received from St George Domestic Violence Team and Moving Forward, a specialist domestic violence team based in the St George area.

An increasing number of women are being referred by court support services and from within Life Care Services.

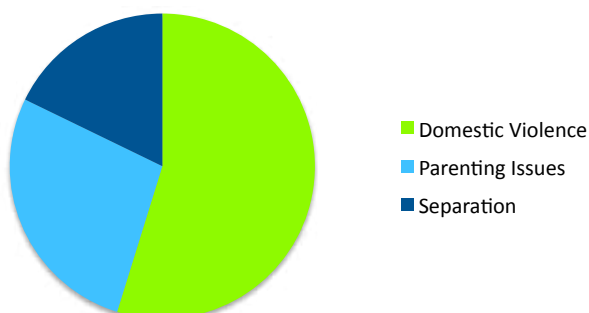
Many of the clients receiving legal advice also access our Emergency Relief Program, food hampers and some of our social events designed specifically to provide connections for women who have been isolated by family breakdown and domestic violence.

A survey of participants was undertaken at the end of 2015. Participants were asked to rate their experience with Life Care and the helpfulness of the advice provided on a scale of one to ten with 1 being **completely unsatisfied** and 10 being **completely satisfied**.

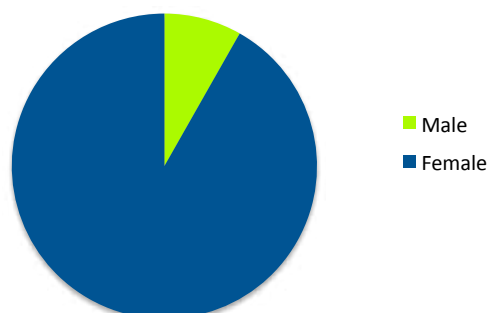
- Suitability and comfort of the venue – the average rating was - 9.7/10
- Contact and communication with Life Care regarding your appointment - the average rating was - 9.6/10
- Helpfulness of advice provided - the average rating was - 9.5/10



Areas of Assistance



Gender Breakdown



'better than other legal services - couldn't put an adequate number on the rating it was so good'

'best legal service ever'

'very helpful'

'gave me lots of options'

CARERS TEAM



The Community Care Team that was established in 2012 continued to serve the local community throughout 2016. Several new volunteers joined our dedicated team and provided support and care to an increasing number of individuals and families, many of whom have been referred to us from other local community services. These services include St George Family Support Services, St George Domestic Violence Team, Moving Forward, Integricare, the Salvation Army and other community organisations.

The assistance we provide includes food hampers, legal advice, practical help such as lawns and maintenance, support during Court appearances and subsidized counselling, to name a few. The regular donation of quality food items from individuals within Georges River Life Care has substantially increased during 2016. These donations, along with our membership of Food Bank (an organization that supplies affordable food for redistribution to families in need) allows us to provide these hampers free of charge.

Throughout 2016 we supported more than 30 individuals and families, while continuing to partner with many women who have accessed our services in previous years. Many of these have backgrounds of abuse, domestic violence, separation and family turmoil. We have been able to visit these families and provide them with help and support as required. Not only have we provided food hampers and bread packs, we have helped families with mowing of lawns, odd jobs, repairs and gardening.

In December 2016 we again hosted a special Christmas morning tea where we sought to encourage and bless the many people we have had contact with throughout this year. We were able to provide gifts such as Pamper Packs, Christmas Hampers and Movie Packs and are thankful to the many people from Georges River Life Church who donated so generously to make this possible.



Suzanne Sharp

LIFE CARE WOMEN



Life Care Women is a community based program which commenced 4 years ago and has continued to support and enrich the lives of women in the community.

Life Care Women places a positive value on all women in the community through offering them a monthly two hour program where they can have their children cared for, while they have some time out for themselves. The program is free and women have the opportunity to have hand massages, nail care, barista coffee and a delicious morning tea in an informal relaxed environment with other women from the local community.

Many of the women who attend Life Care Women are struggling in some way. We have the opportunity to invite women who are experiencing Domestic Violence, the burden of caring for children with special needs and families that are struggling financially. Life Care Women provides a monthly oasis from the usual burdens and responsibilities of life. It also provides a great opportunity for women who are often socially isolated to connect with others for support and encouragement.

Inspirational guest speakers are regularly invited, highlights this year include local author Lisa Shanahan, award winning photographer Carol Drew and several women who have been involved with aid work in third world countries.

Thank you to all who contribute their time and talents to Life Care Women.

Lara Watson



NEIGHBOURHOOD TEAMS



Late in the year we commenced a new service we called Neighbourhood Teams. These teams venture out once a month to help people in need. Our first two projects included helping one of our clients settle in to her new home and helping another family with a backyard makeover. This has been a great addition to our midweek carers teams. Special thanks go to our hard working and committed volunteers who find great joy in visiting and serving others in these very practical ways.





Georges River ArtsLife is an exciting program that uses the arts for positive change and encourages access to the arts for all. Our workshops are designed for participants to explore their creative passions in dance, drama or music. 2016 was the second year we ran ArtsLife and we saw growth throughout the program.

Dance remained popular and we ran weekly workshops for pre-school children and 5-12 year old children. An average of 10 pre-schoolers participated in dance workshops each week where they enjoyed a combination of play, basic movement and song. An average of 16, 5-12 year old children undertook dance workshops each week where they learnt basic contemporary dance technique, danced with ribbons and learnt routines.

In response to popular demand we also created and ran a new workshop 'Stage & Song'. This workshop combines elements of drama, dance and singing and participants learn pieces from musical theatre productions. Run by Taryn Pascoe these workshops were hugely popular and participation grew throughout the year with an average of 14 students.

Music tuition also remained strong with 11 students receiving piano tuition and an increase from 3 to 9 guitar students over the course of the year. We deliver music tuition to all ages, from 5-18 years old. Our annual concert, held in September, was a highlight, with over 150 friends and family attending to celebrate the achievements of the young people. We followed this with a sausage sizzle.

2016 was also a year of development for ArtsLife. It has always been our ambition to offer arts provision for adults with a disability and in 2016 we built a strong partnership with Sylvanvale Foundation, an organisation that works with people with a range of disabilities. Working alongside Sylvanvale we developed a pilot program to enrich the lives of adults with an intellectual disability. In November 2016, we delivered two trial theatre/dance workshops with an average of 15 participants to test the concept and received overwhelmingly positive feedback. Late in 2016 we successfully applied for funding from Georges River Council to fully develop and launch ArtsLife Access, a program for adults with an intellectual disability in 2017.

Amy Parry
ArtsLife Coordinator

IMAGES
Some great moments from our ArtsLife Concert 2016

FUNDRAISING



On 28th April 2016, community members were invited to 'Sleep Rough' in a council owned carpark in Riverwood. The event; hosted by Club Rivers began with dinner at Helen's Restaurant in the club followed by Live music in the carpark while participants set up their sleeping bags for the night.

There were over 25 people "sleeping rough" and each raised funds through sponsorship from family, friends and work colleagues, with all proceeds from the evening going towards Life Care services that assist victims of Domestic Violence. These services include; Free legal advice clinic (Horizons Family Law Centre), Counselling and Emergency relief food parcels.

In 2016 over \$20,000 was raised at the 'Sleeping Rough' Events



In August 2016 we held our first Trivia Night major fundraising event.. It was a fun night full of great prizes, Live Auctions, Trivia and other fun activities. We raised over \$20,000 on the night and funds went towards Life Care services reaching vulnerable children in our community - such as ArtsLife, Shine, Strength and more.

A COMMUNITY CHRISTMAS



Again in 2016 we held our Life Care Christmas Day Lunch for our community contacts. It was once again a wonderful day and a huge success thanks to the many LifeCare volunteers and the great response from our guests.

This year we had over 100 people attend and it was great having all the community people there enjoying themselves. We received lots of great feedback on the day and after the event.

We had fun and games for the kids and even a visit from Santa with each child receiving a gift. Followed by a buffet lunch of roast turkey and all the Christmas trimmings.

I have the privilege of knowing many of the community people's histories and back stories. I was reminded yesterday that the lunch was so much an expression of God's Kingdom and a reflection of many of the times Jesus spent eating with the broken. (Glenn Power)

"my children had the best Christmas filled with fun, toys and food, plus lots of love."

SHINE



Shine is a unique personal development and group mentoring tool that uses an inspirational, practical and experiential approach to learning. The curriculum is nationally endorsed by the Institute of Group Leaders and fits into the Quality Teaching Framework, School leadership Capability Framework and Values Education Policy.

Shine uses a holistic approach, reinforcing that every individual is unique and to celebrate their different strengths, qualities and skills. The emphasis of the program is that to value others, we need to first value ourselves. The curriculum is an adaptable tool, used in various settings to reach young people aged between 11 years and 17 years. It has been successfully implemented in High Schools and Community Centres.

The key objectives of Shine are to:

- * Build confidence and understanding of intrinsic value.
- * Develop decision making and problem solving skills.
- * Understand they are able to have a positive influence in their world.
- * Identify personal desires and strengths to motivate them to set and achieve personal goals.

Shine was introduced into the community for 12 year old girls as an after school program at Georges River Life Care in 2010 where it is still delivered three terms per year and acknowledged as a positive program by the local primary schools

In 2015 Shine was invited into Georges River Campus as an in-school program for year 7 and 8 female students and continues to be implemented two terms each year.

In 2016, 29 primary school girls and 24 High School girls attended the Shine program.

Joy Scipione

SHINE Coordinator

"Shine taught me how to respond when I come across a problem"

'Shine is a great place to come for girls because you start to believe in yourself and get confidence'

'In Shine I've learnt about worth, purpose, strength and more...it has helped me to become more strong, confident and healthy'



LIFE CARE

THE BOYS PROGRAM

In 2016 Georges River Life Care were successful in launching two new projects at Georges River College Peakhurst Campus. In term 1 we had the privilege of introducing a brand new program involving a small group of year 9 male students. In term 4 we helped coordinate a workshop called Your Voice Matters, we were able to present it to over 100 participants in Year 9.

The boys program was run in terms 1 and 3, with a total of 24 participants. The program is targeted to high school male students and covers several topics; teamwork, friendship, work & dreams, respect, fear & self-worth, healthy relationships, resilience and leadership. It is delivered over an 8 week period. The program is structured to an experiential learning style of delivering. Experiential learning uses activities, games and experiences that have a learning objective, usually framed around the topic being presented and discussed. Our facilitators and guest were able role model what healthy men look like.

The Program was a great success and received positive feedback from student and teachers. Here is what one of the participants thought about the program; (note that these comments are verbatim and not compromised in any way).



What was the best thing about the program? “Teaches us about the importance of being nice and respectful”

What was the most important thing that you have learnt from the program? “To work with the boys as a team and just learning to trust the boys around and respect the teachers”

Georges River Life Care partnered with Fusion Sydney South Youth Services to deliver a workshop called Your Voice Matters. We were able to present it late November 2016 to 110 participants in year 9. Your Voice Matters is a workshop that explores healthy relationships and domestic violence. It brings awareness to domestic violence in a safe, sensitive and interactive environment. Engaging with students to build positive perceptions on healthy relationships within their friends, families, relationships and the broader community. It empowers young people to speak up, express their concerns and to take action around domestic violence. The workshop was conducted as a one off over two full periods (two hours) per group, each group had 50-60 participants.

The Workshop received positive feedback from student and teachers with the school requesting we deliver a mild version to years 7 and 8. Overall 106 participants felt that they learnt new things from the workshop and 99 participants felt that they are more confident from the workshop. We asked participants “how can we make this better?” below is a few of the responses.

Thomas Ayres

Program & Schools Coordinator

‘You can’t make it any better it’s already good as it is’

‘Play Music at the beginning too! Overall heaps of fun and educational’

‘The Workshop is already good and helpful’



AUTISM



In 2016, we continued to run two Autism Spectrum Disorder support groups every three weeks throughout the year. The main emphasis being to provide ongoing support for our regular members while encouraging and helping new parents to face the many challenges ahead.

Our groups evolved this year, according to the many different needs of the members. The 'high school/young adult' group parents do not rely on childcare and regularly requested outings. We organised cafe bookings, movies, walks and art gallery trip. This still allowed opportunities for parents to speak either to the group as a whole, or individually to either facilitator. This format seemed to be the most beneficial for them.

Our 'preschool/ primary' parents at first need support via phone calls, mostly to assess their needs and to organise childcare. Childcare is a crucial component of the service, allowing the parents access to the group and its resources. Consistency of room/venue is important for the children as they do not cope with change of any kind, thus eliminating stress for all. Parents can enjoy the morning tea provided and the opportunity to talk and ask questions, while their children are being cared for on site.

The two facilitators are both parents who have raised/and still supporting children with autism spectrum disorder. Their backgrounds, as a medical doctor and a high school teacher, provide solid knowledge in health and education matters. This, in conjunction with accumulated resources and access to the Georges River Life Centre facilities, allows us to direct parents to therapists, counsellors, doctors, special needs tutors and school programs.

We have succeeded in providing an open, un-intimidating and friendly environment to make everybody feel welcome. This allows the sharing of situations and problems to be addressed in a non-judgemental manner. Sharing of experiences reduces stress and gives each other options to explore different avenues, which all ultimately can lead to resolutions and mental health stability.

Teresa Barrett & Liesel Woo



PLAYGROUP



We have had a great year in 2016 continuing our connections with families that have been attending for over 3 years and always welcoming new families.

There was plenty of enjoyment in story and craft time with various theme's including Creation, Easter, Mother's Day, Father's Day and Miracles of Jesus!

We have enjoyed some regular 'Women's Night Outs' and also continuing connecting into Artslife Dance and LifeCare Women.

We finished 2016 with our Annual Christmas Party in December. Our families came together in the Main Auditorium of Georges River Life Centre for a massive playgroup party. The kids had lots of fun on the big and small jumping castles as well as lots of the regular toys.

We were blessed with Faye's face painting skills, Christmas sing-a-long, sharing morning tea together and each of our Children received a book for Christmas.

A huge thank you to Lara Watson who has been faithfully committed and volunteered in Playgroup for the last seven + years. We look forward to seeing all that is in store for Lara as she moves on to new things!

Thank you to all of our Parents & Carers who continually support and willingly helping with tasks to ensure the smooth running of playgroup. We look forward to sharing 2017 with you and also wish our little 'graduates' fun at Big School!

Angela Wootton

Playgroup Coordinator



PARENT EDUCATION



During 2016 Parent Education provided opportunities for 66 participants to improve their family life, and gain practical skills for managing their children's behaviour. We conducted three 123 Magic & Emotional Coaching courses, and three Triple P Courses.

Bronwyn Thornton
Parenting Coordinator

123 Magic & Emotional Coaching

This course not only gives parents the strategies they need to manage their children's behaviour, it also provides parents with opportunities to learn how to coach their children's emotions. Parents are then equipped to develop healthier relationships with their children, due to reduced sense of frustration and isolation. We ran a total of 3 courses for a total of 33 parents, with an attendance rate of 97%.

"The honesty and experience of the teacher was great. Good examples of correct ways to deal with trouble situations."

"The practical examples were easy to follow and as a result our household has been calmer, more fun and we are enjoying each other more."

"Excellent facilitator and good clear accessible materials and strategies."

"Real life examples and hands on strategies."

"Great to know I'm not alone and others experience the same difficulties."

"Very supportive environment, not afraid to ask questions, experienced facilitator."

Triple P (The Positive Parenting Program) Course

We ran 3 Triple P courses this year which were attended by 33 participants. Some participants also enrolled in the 123 Magic Courses which followed on after the Triple P courses. Attendance ran at 90%. Feedback from participants included:

Feedback from participants included:

"The facilitator had a huge amount of personal experience with parenting. Very specific examples about what to do. Very patient and empathetic."

"Really liked how the leader was able to add information, personal experience to the course. Very practical ways to manage situations."

"Bronwyn was a great presenter – managed the needs of the group and people well. Good chances to chat about any topic which came up during the weeks."

"I learned how to be a better parent, be more calm and listen better."

"I learned to be assertive, including creative instead of reactive."

"It has helped me to stop being negative and be more positive. I can see the difference it makes."

GRANDPARENT/KIN CARERS

In 2016 Hamish Hill continued leading the group in discussions to help families understand how they can better understand and manage our grandchildren's behaviour. Hamish is a Clinical Psychology Registrar from the Child and Adolescent Mental Health Team, which is part of the St George Hospital Community Health Centre.

We looked at material from a resource titled Let's Learn Together published by Adoption UK. We also had the opportunity to look at some experts from a DVD produced by the authors of No Drama Discipline, Dan Siegal and Tina Bryson. The material was very helpful in giving practical ways of communicating with children and understanding how to calmly and lovingly connect with a child when they are in distress.

Unfortunately for us Hamish resigned from his role at St George Hospital in June to live in the UK. The group really appreciated his contribution over the two years that he joined us.

The group enjoy meeting together each month to chat about their experience, concerns, triumphs and difficulties. The group are very supportive and use their collective knowledge and experience to provide advice to each other.

Towards the end of the year Council of the Aging (COTA) recommenced the Grandparents, Relative and Kinship Carers Alliance (GRaCKA) which will provide valuable input for the group and also allow us to support the pursuit, state wide legislative changes that will lead to better support for Kinship carers.

One grandparent commented recently:

' I feel so much more settled and less stressed than when I first made contact with Life Care'



NILs & EMERGENCY RELIEF

During 2016 we had over 60 enquiries regarding No Interest Loans (NILS), with a number of these enquiries leading to successful loan applications. Introduced in 2014, and in partnership with BaptistCare, these small loans can be used for household goods, education expenses, green slips, etc. Centrelink recipients who meet certain criteria may borrow up to \$1200 or, for those with a background involving domestic violence, up to \$2000. The loans are interest and fee free and are repaid over a period of 12-15 months through regular deductions from a person's Centrelink benefits.

In August 2015 we commenced a second partnership with BaptistCare to provide Emergency Relief to people in need in the St. George Area. This partnership has enabled us to support our clients experiencing financial difficulty through the provision of food vouchers and assistance with utility bills. During 2016 we were able to assist over 50 families and individuals with food vouchers and or assistance with expenses.

Suzanne Sharp

Care Coordinator

COMMITTEE 2016



LIFE CARE

President
Secretary/Manager
Treasurer
Committee Member
Committee Member

Scott Morrison
Glenn Power
Phillip Moore
Vanessa Wheeler
Bronwyn Thornton

Meetings 2016

Annual General Meeting	23rd February 2016
General Meeting	26 May 2016
General Meeting	30th August 2016
General Meeting	29 November 2016

Our Staff

Tom Ayers
Teresa Barrett
Katharine Montoya
Glenn Power
Joy Scipione
Suzanne Sharp
Christine Shannon
Bronwyn Thornton
Liesel Woo
Angela Wootton
Child Care Workers:
Artslife

Schools Program
Autism Support Facilitator
Executive Assistant
Manager GRLC
SHINE and Life Care Women Coordinator
Community Care Coordinator
Counsellor
Parenting Program Coordinator
Autism Support Facilitator
Playgroup Coordinator
Kerry Henry, Ellen Power, Faye Coe
Amy Parry, Jodie Morrison, Taryn Pascoe, Tome Jovanov, Karen Power, Laura Fishwick



FINANCIALS

GEORGES RIVER LIFE CARE INC.
 ABN 41 293 074 701
 STATEMENT OF FINANCIAL POSITION AS AT 31 DECEMBER 2015

	NOTE	2016	2015
<u>CURRENT ASSETS</u>			
Cash Assets	2	89,025	73,690
Receivables	3	1,861	1,687
TOTAL CURRENT ASSETS		90,886	75,377
<u>TOTAL ASSETS</u>		90,886	75,377
<u>CURRENT LIABILITIES</u>			
Payables	4	295	2,666
TOTAL CURRENT LIABILITIES		295	2,666
<u>TOTAL LIABILITIES</u>		295	2,666
<u>NET ASSETS</u>		90,591	72,711
<u>ACCUMULATED FUNDS AND RESERVES</u>			
Accumulated Funds	5	90,591	72,711
<u>TOTAL ACCUMULATED FUNDS</u>		90,591	72,711



GEORGES RIVER LIFE CARE INC.
NOTES TO AND FORMING PART OF THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2016

NOTE 7 SEGMENT INFORMATION (PROJECT INCOME & EXPENDITURE):

2016	Autism Support	Parenting	Counselling	Legal	Shine	Grandparents	Playgroup	General	Food Bank	Arts Life	Life Care Women	Strength	Community Care	Total
INCOME														
General Donations								42,504					10	42,514
Course Donations		584					4,520							5,104
Parent Coaching Receipts		1,033												1,033
Counselling Subsidised			1,950											1,950
Counselling Receipts			1,408											1,408
Grants - CDSE		14,867	6,000	9,500								5,000		35,167
Grants - Other													4,000	4,000
Function Donations								26,489	3,863				279	30,631
Deposit Interest								1,712						1,712
Staff Development Inc.								40						40
Dance Fees										8,946				8,946
Dance Fees Subsidised										610				610
Music Tuition										16,629				16,629
Music Tuition Subsidised										1,493				1,493
Sundry Income										3				3
TOTAL INCOME	-	16,283	9,358	9,500	-	-	4,520	70,745	3,863	27,680	-	5,000	4,289	151,238
EXPENSES														
Staffing	4,742	8,260			2,341		6,689	12,875		4,160	1,749	1,262	3,145	45,223
Printing and Stationery	151	251	151	151	181		138	1,082		40			61	2,217
Books and Subscriptions		134			1,219		290	357		1			150	2,150
Computer and Setup								60						60
Catering and Supplies	356				1,112	248	153	1,372	1,969	213	1,206		758	7,387
Christmas Hampers									3,126				189	3,315
Equipment Purchases								166					2,364	2,530
Utilities/Rent	777	777	812		777		777	15,351		674	91		81	19,354
Miscellaneous								1,438					298	2,501
Insurance								711						711
Superannuation		782			154								224	1,796
Contractors			6,418	10,060						23,114				40,712
Transport	1,120				909		635						743	1,661
Guest Speakers					50								60	110
Community Support													1,157	1,157
Donations								1,000						1,000
Uniforms								418					514	932
Staff Development					268			273						541
Bank Fees								10						10
TOTAL EXPENSES	7,146	10,205	7,381	10,211	7,011	248	8,683	35,125	5,095	28,202	3,046	1,262	9,743	133,357
SURPLUS / (DEFICIT)	(7,146)	6,078	1,977	(711)	(7,011)	(248)	(4,163)	35,620	(1,232)	(522)	(3,046)	3,738	(5,454)	17,880



CHARTERED ACCOUNTANTS
AUSTRALIA + NEW ZEALAND

SHEDDEN & GREEN PARTNERS

ABN 43 723 342 276

INDEPENDENT AUDIT REPORT

To: The Members of Georges River Life Care Incorporated

Report on the Audit of the Financial Report

We have audited the financial report of Georges River Life Care Inc., which comprises the Statement of Financial Position as at 31st December 2016, Income Statement, Statement of Cash Flows and Notes to the Accounts.

In our opinion the financial report of Georges River Life Care Inc. has been prepared in accordance with Division 60 of the *Australian Charities and Not-for-Profits Commission Act 2012*, including:

- (a) giving a true and fair view of the registered entity's financial position as at 31st December 2016 and of its financial performance for the year then ended; and
- (b) complying with Australian Accounting Standards to the extent required for special purpose financial reports, and Division 60 the *Australian Charities and Not-for-profits Commission Regulation 2013*.

Basis for opinion

We conducted the audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the registered entity in accordance with the *Australian Charities and Not-for-profits Commission Act 2012* (ACNC Act) and the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 *Code of Ethics for Professional Accountants* (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Responsibility of Those Charged with Governance for the Financial Report

The responsible entities of the registered entity are responsible for the preparation of the financial report that gives a true and fair view and have determined that the basis of preparation of the financial report is appropriate to meet the requirements of the ACNC Act and the needs of the members. The responsible entities' responsibility also includes such internal control as the responsible entities determine is necessary to enable the preparation of a financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

Phone: (02) 9540 1944
Fax: (02) 9540 2201

Level 3 - Suite 28
19-21 Central Road
MIRANDA NSW 2228

PO Box 142
MIRANDA 1490

Email: sheddenandgreen@bigpond.com

In preparing the financial report, the responsible entities are responsible for assessing the registered entity's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless the responsible entities either intend to liquidate the registered entity or to cease operations, or have no realistic alternative but to do so.

Auditor's Responsibilities for the Audit of the Financial Report

The audit objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial report. As part of an audit in accordance with Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit.

We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the registered entity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by responsible entities.
- Conclude on the appropriateness of responsible entities' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the registered entity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in the auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify the audit opinion. Our conclusions are based on the audit evidence obtained up to the date of the auditor's report. However, future events or conditions may cause the registered entity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during the audit.



Shedden & Green Partners
David C Shedden FCA – Partner

Dated: 14 February 2017
Miranda NSW

LIFECARE SPONSORS

Our Major Sponsors

Club Rivers
Georges River Life Church
Club Hurstville

Hurstville City Council
South Coast House

Sponsors

Penshurst RSL
Charlie Lovett
IGA South Hurstville
GWS Giants
Putt Planet
Sugar & Spice catering

Shimano
Taronga Zoo
Mortdale Wishbone Chicken
Hurstville Golf Club
Jill Samera
Faye Coe

LIFE CARE





Georges River Life Care
23 Stanley Street Peakhurst NSW
P: 02 9153 6300
E: lifecare@grlc.org.au
W: grlifecare.org.au